



**RECREATION ADVISORY COMMITTEE (R.A.C)**  
**Regular Monthly Meeting Approved Minutes**  
**November 4, 2008, 7:00 p.m.**  
**New Minas Civic Centre – Upper Level**

**Attendance:** Dale Pineo, RAC Chair; Leslie Sequeira, Resident Member & RAC Vice-Chair; Maynard Stevens, Commission; Terry Silver, Clerk Treasurer & Vince Forrestall, Director of Recreation

**Regrets:** Dave Chaulk, Village Chair  
Christopher Shields, Resident Member - Resigned

**1.0 CALL TO ORDER**

The meeting was Called To Order by Chair Dale P. at 7:00 p.m.

**2.0 APPROVAL OF AGENDA – November 4**

**Moved by Leslie S. and Seconded by Maynard S. the Approval of the Agenda**

**Motion Carried**

**3.0 APPROVAL OF MINUTES – September 2**

**Moved by Maynard S. and Seconded by Leslie S. the Approval of September 2 Minutes**

**Motion Carried**

**4.0 BUSINESS ARISING FROM THE MINUTES:**

No Business Arising reported at this time.

**5.0 DIRECTOR'S MONTHLY REPORT (September & October)**

- **Promotion**—Road signage, pictures & Website Updates, psa's, radio event & paper ads, 40<sup>th</sup> Anniversary flyers, school flyers, Fall Harvest Fest flyers, seniors flyer (Seniors on the Move) & visits/presentations to Minas Fifty Club: Sentimental Journey, etc. Program flyers (Children & Youth): Fall Programs/Events ads/promo, etc. Check out Recreation on the New Minas Website ([www.newminas.com](http://www.newminas.com)).
- **Fall Programs & Events**—Planned, developed, organized, promoted, implemented and will evaluate Fall offerings. Participant Certificates created. Secured facilities in the area (Facility requests to the schools) to host our various offerings—community use contract with EMS signed. Seniors Fitness has high participation this Fall.
- **Fall Registrations**—All pertinent information for registrants entered into excel data base. The department received registrations for Fall season. A thank you to the main office for their administrative assistance during the Fall. A Winter/Spring Data base will be created upon approval.
- **Fall Programs & Events 2008**—Department implemented Fall Programs after being planned, developed, organized and promoted. Facilities were secured for programs & events, (Baptist Church, NMES, EMS & NMVFD). Wal-mart donated 225 bottles of water to use.
- **"Celebrating 40 Years"**—Vince Vice-Chair of Ad-Hoc Committee. Attended committee meetings and created Minutes and Agendas. Planned, developed, organized, promoted, implemented and promoted activities, etc. Maynard & Vince visited businesses in the area, met with Mall for Village Birthday Sale

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- (Sept. 13-21) & 40 Year recipients/original businesses. Worked with Advertiser on 40<sup>th</sup> Anniversary Insert-Pictures, stories, etc.
- **Celebration of Lights 2008 (November 22-December 31)**-Department has planned, developed and organized for the annual community Christmas event with meetings with Stephen Bishop/Raymond James, Light-up the Strip and Business/Residential Decorating Contest; Di Best, Rotary Club, Mall, etc. Santa Parade-Nov 22. Planned a night parade, Family Holiday Fun Day (Chili Cook-off, Gingerbraed House decorating, Holiday Card Contest-Dec 13<sup>th</sup>. Democracy 250 Fireworks-Nov 22, Sentimental Journey-Dec. 18<sup>th</sup>. NS Festival & Events Grant Funding (Southwest Nova Destinations) applied for contributing \$900. Village staff also met on November 4. Sponsorship Model sent out. Info to Advertiser for insert (Village & Live Like a Tourist).
  - **June is Recreation Month**-Department won (Draw) playground equipment donated by Henderson Recreation for being a supporter and have received that.
  - **RCMP-Skate Park/LRP File (s)**-The RCMP has a File number: New Minas Skate Park File (with RCMP): 2008826333 (Cst. Warren handles file). RCMP re: skate park - Participants not following rules, reporting to the Village. A file will be kept and we'll be kept up to date with reports. Cst. Craig Warren has been looking after our file and has been in constant communication. So we are being pro-active and partnering with the RCMP to have participants follow the rules of the Park and for insurance purposes showing due diligence on our part. As the Skate Park slows down, we will also partner with them on patrols for Lockhart & Ryan Memorial Park. Director to meet with Cst Warren next week.
  - **Village Voice**-submitted materials for the October/November Issue: 12 pages with no increased costs due to increased ads. Communicated with Mary Deaveau, Mike L'Oiselle/Valley Shopper and the local area community groups. The next edition of the Village Voice will be November/December Issue 2008.
  - **Sentimental Journey "Fall Harvest Fest"**-Held October 2/08 (55 participants) @ NMVFD. Participants enjoyed sandwiches, squash soup, pumpkin pie and refreshments with host Loran Fevens. Solicited sponsors for prizes.
  - **Fall Harvest Fest 2008**-Planned, developed, organized, promoted (K-Rock: Live interview with Dale P., Advertiser & Live Like a tourist insert), implemented and evaluated. Sponsorship Model had businesses supporting initiative. Estimated 500 participants enjoyed Family Fun Day (Oct 5) with wagon rides, corn shucking, apple bobbing, fastest corn on the cob eater, apple pie baking contest, corn on the cob, hot dogs, refreshments, entertainment, Bounce Kingdom, etc. 13 attended Cross-Country Run Oct 4. Department had Display set-up (Fall Offerings) at EKM Pumpkin Health Fest Oct. 4<sup>th</sup>. Solicited Sponsors for Prizes for the events. Hilltop catering provided corn, hot dogs and refreshments.
  - **Active Transportation Meeting @ Kentville Rec Centre**-Director & Dale attended meeting at Kentville October 28 with Valley reps: Included- Introduction, Overview of Health Promotion and Protection Regional AT Plan Updates, review move forward items from May workshop AT community plans, Terrain Group Inc., AT school programs, Resources update, Media campaign on AT, Next Steps to Wolfville (Hantsport) Trail System: County, Towns, Village, Province, Kieran Pathways, etc. An inventory has been completed of the Trail (Kentville to Wolfville) by Trail coordinator Rick Jacques and will be presented to the RAC in the near future.
  - **New Minas Sport Academies Dinner & Auction**-Director working with Les S and Boston Pizza on a New Minas Sport Development Academies Dinner & Auction fundraiser to take place in November 27 (Tentatively).
  - **Seniors Day at the Mall**-partnered with the mall to have their regular Seniors Day at the Mall event held Oct. 8<sup>th</sup>. 104 participated-biggest turn out the mall has ever had. Participants enjoyed soup, sandwiches, sweets, coffee, bingo, prizes, entertainment, etc.
  - **After-school Programming**-the Department has partnered once again with the County, NS Health Promotion & Protection, Promoting Healthy Schools to have after-school recreation programming at NMES (After the Bell) and EMS (Power Hour \* 2) in the Fall/Winter and will receive funding. There are now 17 schools in the area offering after-school programming to increase physical activity levels of our children & youth.
  - **Recreation Nova Scotia Conference**-registered Dale P and myself for RNaS Conference to be held Nov. 5-8, 2008 @ Westin, Halifax. ct
  - **Celebration Days '08 Debriefing**-Terry, Peter, Gerard, Greg & I met on Sept. 5 to review our marquee event, ways to make it bigger/better next year and make it more efficient.
  - **Acadia University Rec Mngt Students Team of 3 / Sports Pursuits Program**-Director gave presentation Sept. 8 to Acadia U Rec Mngt 2<sup>nd</sup> year students to convince them to volunteer/experience Municipal Recreation as part of their curriculum. 3 volunteered to participate with our department in the Sports Pursuits Program (Funded by Active Kids Healthy Kids) and I attended Focus meeting Sept. 15<sup>th</sup>. Chad Bolton, Graham & Kyle (summer Rec Intern) are involved with the Department.
  - **Move More Provincial Teleconference**-On September 18 to learn more about being an Authorized Provider of Move More. Move more is an 8 week course that helps individuals learn about healthy, active living to increase daily physical activity and share with their families. The goal of this course is to help identify all the physical activity people already do, and to fit physical activity into daily life in a way that is fun, safe, and sustainable.
  - **South Shore Valley Conference**-Director attended at Digby Pines Sept 29 & 30. Included: Housekeeping/Welcome/Agenda Items; How insurance issues affect recreation in your Municipality; As an employer you should know about the proper way to discipline, dismiss an employee. As an employee you should also know your legal rights; Nutrition & Interactive Break; Community Integrated Sustainability Plan. All Municipal Units must produce this plan. The more you know, the better you can position recreation in this plan. Presented by Peggy Crawford; UNSM Municipal Sustainability Coordinator and Graham Fisher;

- Senior Planner Service Nova Scotia; Evening Competition; Business meeting; RNS Update with Dawn Stegen; Mike Trinacty NS Heath Promotion & Protection Update.
- [40<sup>th</sup> Anniversary & Princess New Minas Float 2008](#)—Director & Princess New Minas attended Windsor Pumpkin Regatta/Parade on Sunday, October 12<sup>th</sup> with the Float. Village was well represented in the event and was well received and appreciated.
  - [Presentation to Consumer Ed Class @ NSCC Kingstec](#)-Director was invited to give presentation on Oct 22 with recreation opportunities available to them in New Minas & area, challenges facing recreation, etc.
  - [Summer Canada Summer Jobs](#)-received \$2876.00 from Federal Government of Canada Summer Jobs Grant Application for 2 summer positions.
  - [Meeting with Mike Trinacty, Valley Region Rep, NS HPP](#)- Director met with Mike to discuss Grants for the Village, etc.

Dale P commented very busy as always. It was a busy last two months.

Dale P inquired to see if we could tap into a program offering summer security (on bicycle, etc.) of our facilities. Director knows of the Charlottetown Boys & Girls Club who had a similar program funded a few years ago. Vince will check into this.

Dale inquired about the VANSDA Program. Director pointed out that the Department has tapped into the program receiving an Administrative Assistant for 4 individuals with roughly 8 terms served at no cost to the Village. With the Department now located at the Civic Centre, the placement would need space and be available to work for all Departments.

Discussion took place on partnering with Acadia U to provide students for leading programs and events. Terry contacted Acadia U in the spring to see if they could lead programs when the budget was having a tough time. The students would be working with our programs-delivering, in partnership as part of their course curriculum or at a wage suitable to Acadia U, Village and the Student. Vince is to follow-up to the request with Acadia U.

Dale P expressed concerns with the Seniors Day at the Mall and no cost to the participants, with the Village paying for sandwiches, sweets, refreshments and entertainment. Director pointed out that he wanted to partner on this as the Seniors Day Luncheon was cancelled during the summer. He wanted a \$5.00 fee to recoup costs and to keep track of registration numbers for Hilltop Catering as part of the new partnership. Funding would come from the \$5,000 Grant received from the Province. Future funding for this initiative could come from the same grant: NS Seniors-Aged Friendly Grant.

Mall Rep, Asst. Manager, (Robin) contacted Terry, as Vince was away and pointed out that it was an Appreciation for the seniors that the mall hosts two times a year and they normally do not charge. It was too late to change the details of the partnership, with the event being free of charge with the mall distributing 7,000 glossy color flyers with Friday Flyers.

It was agreed to re-think in-kind position pending funding, etc. for future appreciation days at the mall. It was suggested the Director to communicate and work with the mall to provide a better partnership.

**Moved by Leslie S. and Seconded by Maynard Stevens the  
Approval of Director's September & October Monthly Report  
Motion Carried**

## **6.0 CORRESPONDENCE:**

### **6.1 NS Physical Activity, Sport & Recreation Framework for Action Booklet**

– Director distributed power + potential booklet. In 2006, Reps from community groups, organizations and government started the process of developing the framework with consultations. NS needed a framework to tie NS Sport Plan, A-KHK Strategy, Active Transportation, etc together so that government, not-for-profit and private groups can plan programs & services more effectively and efficiently. Action includes: Fair Play, Equitable access to resources, Population health approach, Strategic directions, Vision, Core values, Who is it for, Members, etc. Over the next 2 years, the Framework will be reviewed by community groups and sectoral organizations in NS to develop local strategies and action plans and incorporated into the planning process. It will inspire people to act together.

### **6.2 4<sup>th</sup> Annual Active Healthy Kids Canada 2008 Report Card on Physical Activity**

– Director distributed: *It's Time To Unplug Our Kids*. The overall grade of D in the report has been consistent from 2005-06 because progress in reducing screen time and increasing physical activity needs to be sustained and increased efforts. All children are spending too much time in front of screens. They are not meeting the recommendations of less than 2 hours of screen time.

## **7.0 NEW BUSINESS:**

### **7.1 Resident Member Vacancy**

No replacement at this point was reported. Advertisement for the vacancy has been above and beyond. Individuals have time constraints, family and are just so busy to commit. It was recommended to include an ad in the next issue of the Village Voice, along with an Area Advisory Resident Rep and the importance of having Resident Members.

### **7.2 King Arthur Court Development / Bob Suffron, Coordinator of Parks & Open Spaces-County**

Director presented letter from Bob Suffron, County, to Terry that was referred to RAC by the Commission acknowledging that the residents of King Arthur Court wish to have a playground developed in their subdivision. Bob and Vince met with the group and advised them of the process of funding. I understand that you are of the understanding that The Municipality develops parks on municipal-owned land within Villages. This is not the case. The Municipality acquires the open space through the Subdivision By-Law process, in conjunction with the Village Commission. It is then the responsibility, as spelled out in the Lease agreement between the Village and the Municipality, of the Village to develop and maintain property. The Role of the Municipality, once the agreement is in place, is one of advisory as well as funding partner. The Village would make application, either through our CPDP Grant Program or Special Projects Program.

Terry gave a brief history of land mentioned above: Letter received 2005/06. Commission had problem with the land going back to the developer (5% for green space). Residents lobbied, they wanted the land. Commission had Copy of the Lease (Bob Suffron, County). 20 Year lease with 10 years gone.

The total cost of the project as presented to the Province, County and the Commission is roughly \$18,000+ without community services. General maintenance of the area can be included in next year's budget.

Dale P & Director had a tour of the area. Director was asked to keep the residents informed in that we have not forgotten about them and the Project-its front and center. Dale P commented that he would like to see the project go ahead. They put a lot of work into it (i.e: Golfview Homeowners Association).

### **7.3) Golfview Homeowners Subdivision Multi-purpose Project**

Director reported that the Village received funding of \$26,000 at a provincial announcement (Dale & Vince attended) in Wolfville earlier for the Golfview Homeowners Multi-purpose Project. The Project was not included in this years Village Budget and a decision needs to be made after Director had discussions with Mike Trinacty, Valley Region Rep, NS HP & P.

Mike T. would like to see, if the project is not going to proceed, the Village decline the funding and reapply in another year, if the project was to resurface and become a priority of the Village.

**Moved by Maynard S and Seconded by Leslie S recommending to the Village Commission the decline of the Grant and leave an**

**option to re-apply for the same grant and project in the future.  
Motion Carried**

**7.4) Active Transportation Champion** – Director regretted to inform the Committee that Carey Pineo, Active Transportation Champion Representative for the Village, resigned her volunteer position as she was just too busy to carry out her role for the community.

Dale P felt that he could take on the role in the interim and work closely with the Director to advance Active Transportation in the Village.

Committee recommended placing an ad in the Village Voice to recruit an Active Transportation Champion to represent the Village in replace of the interim.

**Moved by Leslie S and Seconded by Maynard Stevens recommending to the Village Commission the appointment of Dale Pineo as Interim Active Transportation Champion until a full-time Active Transportation Champion can be found.  
Motion Carried**

**7.5) Intergenerational Program (Young & Old Participants in Same Program)**

Dale P suggested a program that other communities offer. Croos/Inter Generational-generation gaps. Program content could include theatre, artistic, anything with cross-gender.

Dale P commented that there is a lot going on in the Recreation Department and we may not want more on our plate. The name, goals & objectives can be creative and innovative like some of our other initiatives. It was recommended for Dale P and Director to research a possible program and to mention in the next issue of the Village Voice.

**8.0 Other**

There was no other business at this time.

**9.0 Adjournment**

With no further business, Moved by Leslie S. to Adjourn the Meeting.  
**Motion Carried**

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**Dale Pineo**  
**Chair**  
**Recreation Advisory Committee**

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**Terry Silver**  
**Clerk Treasurer**  
**Village of New Minas**