



APPROVED MINUTES
VILLAGE OF NEW MINAS
RECREATION ADVISORY COMMITTEE (R.A.C.)

Regular Monthly Meeting
May 6, 2008, 7:00 p.m.
New Minas Civic Centre – Lower Level

The Regular Monthly Meeting of the Village of New Minas Recreation Advisory Committee was held at the New Minas Civic Centre on Tuesday, May 6, 2008 beginning at 7:00 pm

- **In Attendance:**
- Chair Dale Pineo
 - Commission Chair Dave Chaulk
 - Vice-Chair Maynard Stevens
 - Resident Member Christopher Shields
 - Resident Member, Leslie Sequeira
 - Recreation Director, Vince Forrestall
 - Student Administrative Assistant, France J. Vos

1.0 CALL TO ORDER

Chair Dale Pineo called the meeting to order at 7:00 p.m.

2.0 APPROVAL OF AGENDA, May 6, 2008

It was moved by D. Chaulk, seconded by C. Shields that the Agenda for the May 6, 2008 Recreation Advisory Committee Regular Monthly Meeting be approved as circulated.
MOTION CARRIED

3.0 APPROVAL OF MINUTES, April 8, 2008

It was moved by D. Chaulk, seconded by L. Sequeira, that the minutes of the Regular Monthly Meeting of the Recreation Advisory Committee held on April 8, 2008 be approved as circulated.

MOTION CARRIED

4.0 BUSINESS ARISING FROM THE MINUTES

4.1 NS Seniors Age Friendly Communities Program Application –

Vince informed the Committee that he received verbal confirmation that the Department will be receiving \$5,000 from the Province under the New Senior-Age Friendly Grant that he applied for.

Dale P. asked if this could be reapplied for again next year? Vince said yes, as it is a new program offered by the Province annually for Seniors activities, events and programs.

4.2 E.K.M – Correspondence from Shelly Taylor, Administrative Assistant with Eastern Kings Memorial Health Foundation congratulating New Minas Recreation that has been chosen to receive a grant from EKM Health Foundation for a S.T.A.R.S Program (Students Time (for) Activity, Recreation and Sports) for \$6,900 that was applied for. Good luck from your program, and I look forward to hearing from you soon.

5.0 DIRECTOR'S MONTHLY (March) REPORT – Vince Forrestall (March 2008)

Director's Monthly Report (April 2008)

- **Promotion** –Road signage, pictures & Website Updates, public service announcements, radio event ads, paper ads, March Break Day Camp, 40th Anniversary flyers, school flyers, event flyers, senior flyers: Sentimental Journey ABF, etc. Program & Sport Academy flyers: Grades 2 & 3, Summer Day Camp flyers, summer programs/events ads, etc. Check out Recreation on the New Minas Website (www.newminas.com).
- **Village Voice** – Director submitted Village's information, articles, stories, etc. to the Valley Shopper for distribution which took place on Friday, April 11th.
- **Winter/Spring/Summer Registrations** – All pertinent information for all registrants entered into excel program data base. Department continuously receives registrations for Winter/Spring and now Spring/Summer seasons. A Fall Data base will be set-up in the near future.
- **Winter/Spring Programs & Events 2008** – Department completed winter programs and events 2008. Now implementing Spring Programs after being planned, developed, organized and promoted. Summer Senior Staff will soon be hired to plan, develop, organize, promote and implement summer programs (June 2 scheduled to begin).
- **"Celebrating 40 Years"** –Vince is Vice-Chair. Also, member of **Apple Blossom 40th Anniversary Birthday Float Sub-Committee (Float design, materials, volunteers, etc.)**, attend Committee meetings. Critical Path and Budget initiatives set for the year. Recruited resident member. Invitations for Royal Party Dinner and Official Opening of ABF events sent out. Close to \$5,000 received in sponsorships so far!
- **Welcome: Fran Vos to the New Minas Recreation Department Team** – Fran Vos from Kingstec is performing her professional placement with the Department as an Administrative Assistant (April 28 to May 23, 2008). Ann Boylen volunteered April 21-25th.
- **Acadia Student – Performed OJT with the Department** – Acadia Student, Candice Sharp, has performed her professional placement with the Department March 10 to April 18, 2008. She'll was offered many valuable hands on experiences including "Celebrating 40 Years (Sponsorship Model)", Easter Egg Hunt, March Break, Programs, Volunteer Recognition Reception, Sport Academies, etc. Candace received a great positive evaluation. Director attended a Reception at Acadia on April 24 with other employers and all placement students in recognition of our successful partnership.
- **"Luck of the Irish" with Daniel O'Donnell Trip & Tour, May 30, 2008** – SOLD OUT (45 participants). Planned, developed, organized and promoted. 18 participants on a waiting list.
- **Tattoo Trip 2008**– SOLD OUT. Department has partnered with the County to offer the annual trip to the Tattoo scheduled for July 3, 2008. 45 registered. Planned, developed, organized and promoted. 6 on a waiting list.
- **NSSC Kingstec: Tourism Management Students** - Theresa Lambert, and Theresa Crowley at NSSC Kingstec in Kentville, as part of their curriculum (Community Development), go out to a community and create something that could help out the community. They decided to do New Minas as their community for this project. They are putting together an electronic newsletter or a brochure for all of our programs & events for Spring & Summer. It is almost ready to go.
- **Volunteer Week/New Minas Volunteer Recognition Reception** – Nomination and Invitation Packages/Letters sent out to the various groups & organizations in New Minas. Dale P, Director and Les's family attended Volunteer Awards Day in Halifax (April 24). Department planned, developed, organized, promoted, implemented and evaluated New Minas Volunteer Recognition Reception held April 28at the New Minas Civic Centre
- **Kings County Physical Activity Strategy** – Director participated in the Physical Activity Strategy. A Final Document is ready and will be made available to members, staff, etc. We are waiting approval for the County and community budgets.
- **Canada Summer Job Applications 2008** – Director submitted annual application based on the needs of the Village: Parks/Public Works Maintenance (4), Community Events Coordinator (1), Youth and Special Projects Coordinator (1), Recreation Assistant (1), Tennis Academy Coordinator (1), Day Camp Leaders (3), Special Needs Leaders (2), Playground Program Coordinator (1) and Playground Program Leader (1). Department has not received any feedback as of yet. 60 Resumes received.
- **Kings County Flag Football Academy** – I've worked/partnered with Steve Melanson to bring a Kings County Flag Football Academy to the area to start May 19. Development and growth of football in the area are the goals. Department has planned, developed, organized and promoting the program.
- **"Apple Blossom" Sentimental Journey** – Department has planned, developed, organized and now promoting for May 27 @ NMVFD from 6:30-9:30 p.m. in conjunction with the ABF. 70 participants registered to date. The overall goal is 180 senior participants from all areas of the Valley.
- **New Minas Tennis Academy** – I've worked/partnered with Joel Ayer, Tennis Nova Scotia IKON sport award "COACH OF THE YEAR" to bring a Tennis Academy to the area to start June 30. Development and growth of Tennis in the area are the goals. Department has planned, developed, organized and now promoting the program for ages 5-8/9-12/13-17 and adults (Upon request). The Academy will run from June 30 to August 22 from 9:00 am to 12:00 noon Monday to Friday.
- **East Kings Memorial Health Foundation** – Department has applied for funding with Shelly Taylor from the East Kings Memorial Health Foundation. The Department received \$6,900 for a new program: S.T.A.R.S – Students

Time (for) Activity Recreation & Sports to increase the physical activity levels of EMS and Horton Students. Dale P. and Vince F. were presented the cheque on April 29th at the EKM health centre in Wolfville.

- **NS Age-friendly Communities Program Grant (Up to \$5,000)** – Department has applied for \$5,000 funding by submitting application for our “New Minas Seniors on the Move 2008 Program” initiative. We have been approved for \$5,000 to host Sentimental Journey’s, Seniors Picnics, Bus Trip, etc.
- **Kent Community Support Program Grant Application** – Director applied for funding of the Grades 7 & 8 Boys (Thunder) and Grades 7 & 8 Girls (Lightning 1 & 2) Volleyball Teams. Department will receive \$200 in support of this initiative from Kent-New Minas.
- **Blomidon Naturalist Society –Letter of Support** – Director wrote a letter of support for the Blomidon Naturalist Society for their summer initiatives, which includes a week long of activities for our summer day camps 2008.
- **Bill Thornhill, Healthy Lifestyles Role Model** – Department interviewed and took a picture of Bill Thornhill for our next issue of the Village Voice (Healthy Lifestyles section). Bill is a role model for our residents to make healthy lifestyle changes for the betterment of their health.
- **Terry Fox “Marathon of Memories” Family Fun Day** – to be held June 7 at Lockhart & Ryan Memorial Park. Maynard S, Vince F and the Village’s 40th Anniversary Committee have partnered with ScotiaMcLeod (Kentville) to have a Terry Fox “Marathon of Memories” Family Fun Day from 11:00 am to 3:00 pm with no or little cost to the Village. Planning, developing, organizing and promoting. The Fox family and the original van will be part of the free will offering event. Activities will include a trail walk with the Fox Family, dunk tank, soap slide, free bbq, entertainment, special dignitaries, etc.
- **NEW – Ladies Intermediate Step & Core Strengthening Program** – Department has organized a new program for the area on Mondays-Wednesday-Friday Evenings: 6-7pm at EMS. It started April 28th. Heather Macleod is the Head Instructor. She is a Certified Fitness Instructor. She took her course (over a course of months) with the Dartmouth Sportsplex sometime ago. She has upgraded and taken workshops and seminars up to about 5-6 years ago; she does read a lot about new exercises, strengthening and stretching and what is recommended as industry standard and therefore, considers herself very current. She has taught fitness for over 20 years. She is Provincially Certified (written examination) to teach fitness in Nova Scotia and has taught a wide range of fitness classes: aerobics, step aerobics, water/aqua aerobics, stability ball, strength training and toning using resistance bands and weights. She is self-taught in Pilates and yoga.
- **NEW – Ladies Beginner Step Aerobics & Stability Ball Program** – With the closing of Take Thirty in New Minas, we were approached to do a morning Mon-Wed-Fri, 7-8 am at the Civic Centre. We planned, developed, organized, promoted and now implementing. Step Aerobics were found for the program from EMS and located to the Civic Centre. It began May 5th.
- **Kings County Senior Games 2008** – I am on the organizing Committee, along with representatives from other Recreation Departments and Senior Groups in the County. To be held May 19-31, 2008. Department will be hosting the Bowling Event at Fair Lanes.
- **Democracy 250 (Provincial)** – Department has applied for \$6,000 for fireworks funding under the NS Democracy 250 initiative. If approved, we’d have funding for fireworks for 2 events: Fall Harvest Fest & Celebration of Lights.
- **Celebration of Lights 2008 (November 22-December 31, 2008)** - Department has started planning and organizing for the Christmas event with meeting with Stephen Bishop (Raymond James) and Di best (Santa Parade). Looking for a night parade, Family Holiday Fun day, More displays, decorations, etc.
- **C.R.A.F County Grant Application** – Director has applied for funding of \$27,357.50 under the County’s Community Recreation Assistance Fund. Last year the Village received \$20,500. The Village remains a leader of programs & events in the County, so extra funding was requested based on our initiatives in 2008 (09).
- **Pre-diabetes Study** – Director attended meeting on April 29th at the Valley Regional Hospital to review a Pre-diabetes Screening Study: Screening and Community-based Lifestyle Program and ways partners can promote and offer beneficial programs and events for those that participate. It is hoped 500 participants will take part in the study.
- **C.H.A.P County Grant** – Director & Peter Pothier applied for \$5,000 from the County under the Community Hall Assistance Program Grant. If approved, the Civic Centre will receive new windows, kitchen floor and a newly renovated office space in the main office (Lynn Spencer)

D. Chaulk inquired about how much money the Village has received in Grant funding and sponsorship over the past 1.5 years as it seems we are receiving more money for these items. D. Chaulk would like to know, if the Director has time to do this. Director has records.

D. Pineo commented that it continues to grow, as businesses come on board with our initiatives.

C. Shields inquired about the Pre-diabetes study taking place in the area with the Director answering the questions and providing the pertinent information.

D. Chaulk questioned Commissioners being recognized during the recent Volunteer Recognition Reception. Director informed the Committee why Commissioner Maynard S. received a certificate as he did volunteer his time for many events during the course of the year. Dean H. did not receive one, even though a certificate was made up for him. Director explained the process lies with the responsibility of community groups and organizations who are asked to nominate 1 volunteer to represent the Village at the Provincial Ceremony if they are chosen as New Minas Volunteer of the Year. They are also asked to invite 2 deserving volunteers to Village's local Recognition Reception, in which both are recognized.

It was moved by C. Shields, seconded by M. Stevens, that the Directors Monthly Report for the Month of April 2008 be approved as Circulated.

MOTION CARRIED

6.0 NEW BUSINESS

6.1 Kings County Inter-Municipal Physical Activity Strategy –

Director reported that the Kings County Inter-Municipal Physical Activity Strategy has been completed by Consultants d_mA Planning and Management Services in cooperation with the Province, County and Recreation Directors in the area. Director reported that it is a very beneficial Strategy to increase the physical activity levels of all age groups in the County and informs them of all the benefits in participating that goes above and beyond what each recreation department is doing in the County.

Director reviewed the document with the Action Plans set forth, etc.

D. Pineo advised that County did not support the Strategy during the County's budget process. Director informed the Committee that before the County decided not to support the Strategy, the Strategy was not looking for any monies from the Villages as their contributions were in-kind. The Strategy is now requesting 3% or \$2,000 from the Village to be a partner.

C. Shields participated in the process and thinks it is very beneficial for all residents of the County. C. Shields asked if the staff member would design an program or event for each Town, or is it for the County. Director pointed out it is for the County, with the partners, including the recreation directors being on a Strategy Implementation Committee so the interests and needs of the Village of New Minas are being met.

Director informed the Committee that Bruce MacArthur, Recreation Coordinator with the County, would be presenting to Council again on the Strategy for approval.

D. Chaulk pointed out that he is very leery of a partnership with the County.

It was moved by C. Shields, seconded by L. Sequeira, that Kings County Inter-Municipal Physical Activity Strategy be supported by Agreement in Principal (Motion pending budget approval)

MOTION CARRIED

6.2 Turf Field –

\$7,500 was budgeted in 2007-08 to do a Needs Assessment on a Turf Field for Lockhart & Ryan Memorial Park. The Needs Assessment was delayed as the Province wanted to see if Acadia University was opening up their new Turf Field for Community Use. Director spoke to Soccer Representatives (Holly Thompson and Keith Fuller) to see if the interest is still there, which it is. They suggested delaying until September/October 2008.

D. Chaulk believes the project is very expensive and will need more information and what we'll be receiving from the Millett Estate Property. It was decided to hold discussions at a later time, until more information on Millet Estate is available.

Director pointed out that the Province has funding for facilities under their B-Fit Program.

T. Silver is waiting for direction from the Recreation Committee to possibly defer the Assessment into a Reserve Fund for when we are ready to do a Needs Assessment.

7.0 CORRESPONDENCE –

7.1 Tracy Roberts, Valley Region, NS Health Promotion – “The kids are lov'en the sports, Thanks for offering fantastic programs Vince. Many thanks for running quality and varied programming for our kids”.

7.2 Len Coucher, NS Acting Minister of Seniors – “I am pleased to inform you that the Department of Seniors has approved funding in the amount of \$5,000 from the Age-Friendly Communities Program for the above mentioned project. The Grant will be paid in one instalment...I would like to wish you much success with this project and convey my enthusiasm about our partnership in ensuring Nova Scotia communities are more age-friendly”.

7.3 Conor Scott & Katie Nephew, Take the Roof Off Winter 2008 – “Recreation Nova Scotia thanks everyone who planned, participated, or took part in anyway with the Take The Roof Winter 2008 Campaign. Thanks to your support thousands of Nova Scotians got outside and got active this winter! Enclosed is your Certificate of Appreciation certifying you as a Supporter of Take The Roof Off Winter Campaign. Once again thanks for your support this winter and have a great spring and summer”.

7.4 Mark Phillips, (Active Kids Healthy Kids) AKHK Partnership (2) – A Sport Start: “It is with pleasure that we present you with a cheque in the amount of \$1,500 for the project “A Sport Start”. We wish you well with the Project”. - Sports Pursuits: “It is with pleasure that we present you with a cheque in the amount of \$1,500 for the project “Sports Pursuits”. We wish you well with the Project”

7.5 Janet Rogers – “Connor started Little Dribblers last week and LOVED it! Great program, terrific leaders and lots of organization. I've told a lot of parents about the program...”

7.6 Dave Molloy, Coordinator of Facility Development – “I am pleased to enclose a Government of Nova Scotia cheque in the amount of \$5,000 payable to the Village of New Minas. This cheque represents the final 20% payment of a grant approved by Nova Scotia Health Promotion and Protection, through the Recreation Facility Development Grant program in the fiscal year 2007-08. The purpose of this grant is to assist with facility upgrades at Lockhart & Ryan Memorial Park”.

7.7 Trudy Willoughby, NMES – “I signed Josh up for Flag Football the same night I signed him up for basketball. I love all of the programs you have up and running. Lots of options for kids. Keep up the great work!”

7.8 B-Fit, Province – Director informed the committee about a provincial Grant initiative called B-Fit. Increased access to sport and physical recreation facilities has a positive effect on the health of our population. The Department of Health Promotion and Protection (HPP) plays a role in the development of these facilities across Nova Scotia through the (B-FIT) Program. This Program assists “not for profit” community groups and municipalities to develop facilities in order to increase public participation in sport and physical recreation. Facilities may include:

recreation centres, indoor pools, arenas, trails and other facilities that promote sport and physical recreation, etc.

7.9 New Minas Volleyball Team Provincial Champions – Director presented a photo of the New Minas Volleyball Team U 15 Provincial Champions which went undefeated taking the Gold Medal at the N.S. Provincial Volleyball Tournament held in Truro April 26 and 27. The team now competes in the Canadian Regional Volleyball Tournament to be held in Moncton, May 9 to 11. Director pointed out that the team is made up of participants from the New Minas Volleyball Development Academies. The team gives them an opportunity to use their skills that they have developed in a challenging, competitive and in game situations.

D. Chaulk questioned how many participants are from New Minas? Director informed that New Minas participants do participate in the Department's initiatives and that he'll check the registrants data base. Dale P. made note that non-residents participating enhance the program by having them participating in it.

D. Pineo. and Maynard S. both pointed out that they see the good as they have been to various programs and events and they see the positive benefits participants are receiving by participating with quality leadership.

D. Chaulk would like to know about waiting list statistics. Vince mentioned that he never turns away any New Minas Children who wish to participate in a program and/or event.

7.10 Canteen at Lockhart & Ryan Memorial Park: Evangeline Recreation Society - M. Stevens made mention that the Evangeline Recreation Society Canteen at Lockhart & Ryan Memorial Park topic was approved by the Village Commission at their last regular monthly meeting.

8.0 ADJOURNMENT

In Motion of C. Shields, the meeting adjourned at 8:10 p.m.

Respectfully Submitted by,

Vince Forrestall,
Director of Recreation

Dale Pineo, Chair

Terry Silver, Clerk Treasurer