

Village of New Minas...A Good Place To Live

- Community with Unity! / Shopping Centre of the Valley / Soccer Capital of Atlantic Canada -



January/
February/
March
2011

NEW MINAS NEWS FOR YOU

Since 1968

www.newminas.com

Issue 7

The Village's Community Newsletter

Special points of
interest:

New Minas' Winter Carnival 2011

Come One! Come All!



The New Minas' winter carnival will take place on Saturday, February 5, 2011. At the Lockhart Ryan Park. This fun event starts at noon and goes until three o'clock. Come and enjoy: tobogganing (please bring your own), snowshoeing, bon-fire, wagon rides, a snow sculpture contest, barbequed hot dogs (\$0.50 each), and a free hot chocolate. Everyone welcome.

- ✓ Winter Carnival
- ✓ March Break Day Camp
- ✓ Thank to our Sponsors
- ✓ Live an Active and Healthy Lifestyle
- ✓ Just for fun
- ✓ Parent & Tots
- ✓ Older Adult Fitness
- ✓ Winter Sports Programs
- ✓ Art & Music
- ✓ Computers Available
- ✓ Registration form
- ✓ From the Office
- ✓ From Public Works
- ✓ Community Groups



New Minas' March Break Day Camp 2011

Register Now — Spots are limited!

Phone 902-681-6577

Or drop in to:

New Minas Civic Centre

9209 Commercial Street

New Minas March Break Day Camp will take place from March 14 through 18, for children between the ages of 5 to 12. Cost \$130.00 per child for a ten hour day (7:30am to 5:30pm). Each day is jam-packed with fun activities for the campers.

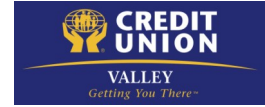
Please have your child(ren) bring to camp each day: plenty of fluids, lunch, at least two snacks, indoor footwear, and appropriate outdoor clothing coats, boots, hats and mittens.

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Community Special Events

Platinum Sponsor Valley Credit Union



Platinum Sponsor Jungle Jims



Silver Sponsor Boston Pizza



Silver Sponsor Cornwallis Chevrolet Buick GMC



Bronze Sponsor Connors Diesel Ltd



Charm Diamond Centre



The Home Depot



Happy Harry's



Merry Maids



Slumber Inn



Service Mater



Kings Physiotherapy Clinic Ltd



Nothin' Fancy



Video World TV & Satellite



Saunders Insurance



Kent Co-op



McDonalds Restaurant



Smitty's Family Restaurant



A & W Restaurant



Greco Pizza



Saunders Tartans & Gifts



The Head Shoppe



Absolutely Fabulous Bed Bath & Home



Stirling Fruit Farms Ltd



Pretti Posies Inc



Bulk Barn



“Thank you”, to all who attended and sponsored our **Halloween parties** and our **Celebrations of Lights 2010**, they were fun. These special events would not be possible without the help and generous support of the businesses in New Minas and the surrounding area.



Live an Active & Healthy Lifestyle

Morning Glory Muffins By Jaclyn

Allrecipes.com., <http://allrecipes.com/Recipe/Mornin-Glory-Muffins-I/Detail.aspx> 1/17/2011, 2:53pm

These muffins, have a little bit of everything-carrots, raisins, apple butter, wheat germ and nuts. A perfect start for your day. **Calories:** 194, **Total Fat:** 4.2g, **Cholesterol:** 12mg

INGREDIENTS:

1 1/2 cups all-purpose flour	1 egg
1/2 cup whole wheat flour	2 egg whites
1 1/4 cup white sugar	1/2 cup apple butter
1 tablespoon ground cinnamon	1/4 cup vegetable oil
2 teaspoons baking powder	1 tablespoon vanilla extract
1/2 teaspoons baking soda	2 tablespoons chopped walnuts
1/2 teaspoon salt	2 tablespoons toasted wheat germ



2 cups grated carrots
1 apple peeled, cored, and chopped
1 cup raisins

DIRECTIONS:

1. Pre-heat oven to 375 degrees F (190 degrees C). Lightly oil 18 muffin cup, or coat with nonstick cooking spray.
2. In a medium bowl, whisk together eggs, egg whites, apple butter, oil and vanilla.
3. In a large bowl, stir together flours, sugar, cinnamon, baking powder, baking soda & salt. Stir in carrots, apples and raisins. Stir in apple butter mixture until just moistened. Spoon the batter into the prepared muffin cups, filling them about three quarters full.
4. In a small bowl, combine walnuts and wheat germ; sprinkle over muffin tops.
5. Bake for 15 to 20 minutes, or until the tops are golden and spring back when lightly pressed.

New Minas & District Lions Special Events



Lion Peter Wallis making a presentation of a cheque to Randy Pinch who requires a double Lung Transplant.

Lions President Flo Wallis presenting a cheque to Marilyn Misner who requires a CCSVI treatment otherwise known as the Liberation Treatment for MS patients.

Lion Peter Wallis making a presentation to Donnie Schofield of Kentville, winner of the New Minas & District Lions Club 2010 Christmas Basket.

The New Minas & District Lions Club held special benefit breakfasts in November and December for two very special people with special medical needs. The Lions Club raised over \$1,500.00 at the first breakfast to help support Marilyn Misner towards the cost of a Liberation Treatment for MS which is not available here in Canada. A very special thank you to Wade Barkhouse of Airdre, Alberta for his generous donation of \$1,000.00 at this breakfast.

The second breakfast again raised over \$1,500.00 towards the costs for Randy Pinch to travel to Toronto for a Double Lung Transplant in the new year. A special thank you goes out to a very special anonymous donor of \$500.00 towards this event. The New Minas & District Lions Club would like to thank each and every individual who supported these two events to raise funds to help out these two very special people.

Recreation

New Minas & Area Parent/Tot Playgroup

Ages:0 — 3

Mondays**10:00 — 12:00pm****Downstairs New Minas Civic Centre****Jan 03**- No Group (Christmas Break)**Jan 10**- Just Play**Jan 17**- Just Play**Jan 24**- Outing—location to be announced**Jan 31**- Just Play

Stop by and check out our Parent and Tot's group and let your children have the opportunity to interact with other children while you, yourself get the opportunity to chat with other parents.

Program Leader: Stephanie Williams**No need to register, just stop by and play. Contact info: parentandtot@gmail.com.**

Older Adults Life Quality Improvement Program

Tuesdays & Thursdays**10:00 - 11:00 am****New Minas Civic Centre**

Yes, we are still hosting an older adult exercise program. Currently we do not have an older adult quality improvement instructor. We are still looking for someone to fill that position. The former class members are keeners and exercise faithfully with the help of a big screen DVD.

Come in and enjoy the exercise and fun with a great group of enthusiastic people.

NO DROP IN FEE UNTIL A NEW INSTRUCTOR HAS BEEN HIRED.

Employment Opportunity \$\$\$\$

New Minas Recreation is looking for an older adult fitness instructor, two classes a week, Tuesday and Thursday mornings, 10:00am to 11:00am. Please contact Sai at 902-681-6577 or village.newminas@ns.aliantzinc.ca.

Winter Programs

- Adult Co-ed Volleyball

Two sessions offered from January 5, 2011 through to June 15, 2011, located at **Evangeline Middle School (EMS)** **Fee only \$50.00 each session. Wednesdays 7:30-9:00 p.m.**

Session 2 Jan 5 to Mar 2, 2011

Session 3 Apr 6 to June 15, 2011

- Volleyball Skills Program

Grades 6 to 8 Starting January 11 through to March 8, 2011, located at **New Minas Elementary School (NMES)** **Fee only \$45.00. Tuesdays 7:30-9:00 p.m.**

Programs/time/facilities are subject to change if required.



Recreation

Art & Music Programs

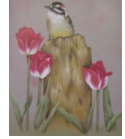
Oil Painting Classes

Wednesdays 1 – 4 pm

New Minas Civic Centre

Classes are divided into individual projects with a growing level of challenge with each one.

Winter Landscape — Oil, Jan 19 & 26, \$30.00, 12 x 16 canvas \$8.00, 16 x 20 \$10.00
 Eastern Bluebird and Dogwood — Oil, Feb 2, 9, & 16, \$50.00, includes 9 x 12 surface
 Bluebird Make-up — Feb 19th, \$15.00



Empress Seminar— Sat Feb 19, 10:00 — 3:00 \$40.00, includes paper and lunch



Learn to Play the Piano, Drums & Djembe Program

Learn to play traditional and djembe drums. Group sessions only (3 students per session required).
 Lessons are continuing, fee: \$150.00/10 group sessions or \$38/45 minutes individually for drums.
 Learn to play the piano \$38/45 minutes.



NEW MINAS VARIETY SHOW "KITCHEN PARTY"

(Last Saturday of Every Month) Starting January 29, 2011



STARTING AT 7:00 PM

FREE WILL OFFERING

NEW MINAS CIVIC CENTER

Donations gratefully Accepted

50/50 Tickets

Open Mic

Line Up:

Randy and Friends
 Carroll Edwards
 Harold Hunt
 Gordon and Terry

Profits for Charity Fund/Equipment Purchase

Computers Available

The Village of New Minas, through an "Age Friendly" grant has purchased laptop computers for free use of the older adult population. Please bring your own removable flash drive if you want to save your work. These computers are available for use at the New Minas Civic Centre.

Monday	Tuesday	Thursday	Friday
9:00am - 4:00pm	12:00pm - 4:00pm	12:00am - 4:00pm	9:00pm - 4:00pm
Date & Times are subject to change, if required			



Accessorize You

Cancelled for the Winter! See you in the Spring!

Ballroom Dancing



Wednesdays

7:30 pm to 9:00pm

New Minas Civic Centre

The Village of New Minas is offering a Weekly Ballroom Class; all levels of experience welcome.

Instructor: Steven MacDonald

\$5.00 drop-in fee.



New Minas Recreation Registration Form



VILLAGE OF NEW MINAS

PROGRAM REGISTRATION FORM

PLEASE COMPLETE ALL APPLICABLE SECTIONS. PLEASE PRINT.

NAME:

ADDRESS:

EMAIL ADDRESS:

EMERGENCY CONTACT NAME:

EMERGENCY CONTACT PHONE #:

EMERGENCY CONTACT RELATIONSHIP:

PHYSICIANS NAME:

PLEASE STATE ALL MEDICAL CONDITIONS (WE SHOULD BE AWARE OF):

DATE OF BIRTH:

GRADE/SCHOOL:

PARENTS/GUARDIANS NAME(S):

HOME PHONE #:

WORK PHONE #:

CELL PHONE #:

HEALTH CARD #:

PHYSICIANS PHONE #:

PLEASE STATE ALL MEDICATIONS (WE SHOULD BE AWARE OF):

From the Office

The Village Commission and staff, wish everyone a happy and healthy 2011!

From Public Works

The New Minas Water Commission would like to remind the residents and businesses of New Minas that it is against the law to push snow onto the sidewalks. Please keep the snow well away from the sidewalk area, this will enable us to keep the sidewalks clear and safe for pedestrians. Also, do not plough snow on or near fire hydrants.

From New Minas Recreation

New Minas Recreation is looking to expand it's programming and would welcome suggestions for future sports and other recreation programs. Please contact **Sai Sherwood, 902-681-6577** or village.newminas@ns.aliantzinc.ca.

Community Groups

New Minas Sparks, Brownies, Guides, Pathfinders, Rangers

For further information, please contact: District Commissioner's **Carrie Doyle** 542-2309 carriedoyle@hotmail.com & **Carrie Nichols** 542-5538 carrienichols@eastlink.ca

Beavers & Cubs

Mondays

Cubs
6:00 — 7:30 pm

Thursdays

Beavers
6:00 — 7:00 pm

Downstairs NM Civic Centre

Contact Dianne Burns 681-2581

Seniors Minas Fifty Plus Club

Minas Fifty Plus Club meets Wednesdays at 1:00 pm at the New Minas Volunteer Fire Department (NMVFD).

The first Wednesday of every month is pot luck beginning at 11:30 am.

Contact: President Nora Russell at 678-6848 or Anita German at 678-6741.

New Minas Sunrise Rotary Club

President: Adam Smith
Phone: 678-4399 / Fax: 678-7290
E-mail: adam@3Cwealth.ca
Wednesdays at 7:00 am at Smitty's

Evangeline Recreation Society

8752 Commercial Street,
New Minas, NS B4N 3C5
Tel:(902)678-1117 Fax:(902)678-4668

Welcome Wagon, Since 1930

Contact Ellen: 902-678-5734

New Minas & District Lions Club

Flo Wallis, President 582-7980
Peter Wallis, Secretary/Treasurer 582-7980

-Country Breakfasts are the 1st Saturday of every month: 7-10:30 am at Civic Centre.

-Collect used eye glasses, hearing aids, used postage stamps and cell phones. Please drop off at Civic Centre.

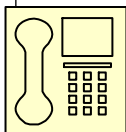
Meet: 2nd Tuesday, 6:30pm Business
Meet: 4th Tuesday, 6:30pm Supper

Alexander Society for Special Needs

For information email: kp@alexandersociety.org or call: 582-3888

Habitat for Humanity

Halifax Regional Municipality
Annapolis Valley
P.O. Box 632 Kentville, NS B4N 3X7
www.habitatav.com
Habitat.av@gmail.com
902-690-5344



Contact Numbers

9209 Commercial St., New Minas, NS B4N 3G1

newminas@ns.sympatico.ca, www.newminas.com Phone: 681-6972 Fax: 681-0779

Organization

Contact Info

Animal Control	Phone 678-3647
Building Permit Inquiries.....	Phone 690-6123
Civic Centre Rentals.....	Phone 681-6972
Civic Numbers Signs.....	Phone 582-7980
Department of Environment	Phone 679-6086
Lockhart & Ryan Memorial Park Inquiries (fields).....	Phone 681-0870
MLA Ramona Jennex, Kings South.....	Phone 681-3741 ramonajennexmla@bellaliant.com
MP Scott Brison, Kings-Hants.....	Phone 542-4010 kings.hants@ns.sympatico.ca
Municipality of Kings County.....	www.county.kings.ns.ca or Phone 678-6141
New Minas Volunteer Fire Department (NMVFD).....	Phone 681-6661
Planning and Development Inquiries.....	Phone 690-6138
Police General Inquiries-RCMP.....	Phone 679-5555
School/Busing Inquiries.....	Phone 538-4600
Sidewalk Inquiries.....	Phone 681-6972
Soccer Inquiries.....	Phone 542-2905
Street Inquiries.....	Phone 679-6122 (DOT)
Street Light Inquiries/Emergencies.....	Phone 1-800-428-6230 (NSP)
Street Signs.....	Phone 679-6122 (DOT)
Tax Bills (Village and County).....	Phone 690-6144
Traffic Lights.....	Phone 679-6122 (DOT)
Valley Regional Hospital.....	Phone 678-7381
Valley Waste: Garbage/Recycling.....	Phone 679-1325
View all approved Village Minutes.....	www.newminas.com
Village Bylaws.....	Phone 681-6972
Village Commissioners Contact Numbers.....	Phone 681-6972
Village General Business.....	Phone 681-6972 / Fax 681-0779
Village General Business on line.....	www.newminas.com
Village Recreation Programs & Events.....	Phone 681-6577
Village Water/Sewer Bills/Inquiries.....	Phone 681-6972
Village Water/Sewer Inquiries/Emergencies.....	Phone 681-7750
Welcome Wagon/Welcome Baby.....	Phone 678-5734

NS INTERNATIONAL STUDENT PROGRAM

Host Families Needed!

Students from Korea, Brazil, Columbia, Japan, Germany

Would you like to provide a cross-cultural experience for your family by welcoming an international student into your home? Junior High or High school (5-10 months) placements are available; on-going support and monthly payment to homestay families.

If your interested please contact the homestay coordinator Jennifer Pineo at Jennifer.Pineo@hortonhighschool.ca for more information.