

# February 2008 (Family Physical Activity Challenge Month, Feb. 4-29)

## b-Active Winter Programs & Special Events (Promoting Active & Healthier Lifestyles)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
					1 <i>After the Bell</i> Volleyball Academy Badminton Academy	2 Volleyball Academy Badminton Academy Grades 7&8 V'ball Kids Kraft Corner Sports of All Sorts
3 <i>Adult Basketball</i> <i>Winter Volleyball Academy Classic</i>	4 <i>Physical Activity Challenge Begins</i> Parent & Tot Playgroup <i>After the Bell</i> Youth Floor Hockey	5 <i>Seniors Fitness</i> <i>After the Bell</i> <i>Adult Basketball</i>	6 <i>After the Bell</i> <i>Born to Swing</i> <i>Power Hour * 2</i> <i>Adult Co-ed Volleyball</i>	7 <i>Seniors Fitness</i> <i>After the Bell</i>	8 <i>After the Bell</i> Volleyball Academy Badminton Academy	9 Volleyball Academy Badminton Academy Kids Kraft Corner Grades 7&8 V'ball Sports of all Sorts
10 <i>Adult Basketball</i> <i>Winter Volleyball Academy Classic</i>	11 Parent & Tot Playgroup <i>After the Bell</i> <i>Born to Swing</i> Youth Floor Hockey	12 <i>Seniors Fitness</i> <i>After the Bell</i> <i>Adult Basketball</i>	13 <i>Born to Swing</i> <i>After the Bell</i> <i>Power Hour * 2</i> <i>Adult Co-ed Volleyball</i>	14 <i>Seniors Fitness</i> <i>After the Bell</i>	15 <i>Flag Day-County</i> <i>After the Bell</i> Volleyball Academy Badminton Academy	16 Volleyball Academy Badminton Academy Kids Kraft Corner Grades 7&8 V'ball Sports of all Sorts Municipal Curling
17 <i>Adult Basketball</i> <i>Winter Volleyball Academy Classic</i>	18 Parent & Tot Playgroup <i>After the Bell</i> Youth Floor Hockey	19 <i>After the Bell</i> <i>Seniors Fitness</i> <i>Adult Basketball</i>	20 <i>After the Bell</i> <i>Power Hour * 2</i> <i>Adult Co-ed Volleyball</i>	21 <b>WINTER CARNIVAL</b> <i>Seniors Fitness</i> <i>After the Bell</i> <i>Sentimental Journey</i>	22 <b>WINTER CARNIVAL</b> <i>After the Bell</i> Volleyball Academy Badminton Academy	23 <b>WINTER CARNIVAL</b> Volleyball Academy Badminton Academy Kids Kraft Corner Grades 7&8 V'ball Sports of all Sorts
24 <b>WINTER CARNIVAL</b> <i>Adult Basketball</i> <i>Winter Volleyball Academy Classic</i>	25 Parent & Tot Playgroup <i>After the Bell</i> Youth Floor Hockey	26 <i>After the Bell</i> <i>Seniors Fitness</i> <i>Adult Basketball</i>	27 <i>After the Bell</i> <i>Power Hour * 2</i> <i>Adult Co-ed Volleyball</i>	28 <i>Seniors Fitness</i> <i>After the Bell</i>	29 <i>Physical Activity Challenge Ends</i> <i>After the Bell</i> Volleyball Academy Badminton Academy	